

# Enabling women

## leadership program

*Empowering women with disabilities through access, choice and respect*

## EXPRESSIONS OF INTEREST NOW OPEN

Women with Disabilities Victoria in partnership with RDAS and Wodonga Council are offering an exciting opportunity for women in Wodonga and surroundings to become empowered in the community with a six-day leadership program.

This no cost program provides an opportunity for women with disabilities from diverse backgrounds to come together, gain knowledge, new community connections and the tools and skills to speak up in the community.

This course will give you:

- ✓ Confidence and new skills
- ✓ Connections with other women
- ✓ Information about your rights
- ✓ Learning with fun
- ✓ Self-esteem
- ✓ Leadership skills



### INFORMATION SESSION

**When:** October 5, 10am–11.30am

**Where:** Council Chambers, Level 2,  
Wodonga Council offices,  
104 Hovell St, Wodonga

*Please note: Lift access available*

### PROGRAM DETAILS

**When:** Every Thursday for six weeks  
from November 2 to December 7,  
2017. Graduation ceremony on  
Friday, December 8.

**Where:** TAFEspace, 158 Lawrence St,  
Wodonga, Victoria

### TO FIND OUT MORE CONTACT

Women with Disabilities Victoria

Bridget Jolley | P (03) 92 867 813 | E [bridget.jolley@wdv.org.au](mailto:bridget.jolley@wdv.org.au)

Regional Disability Advocacy Service

P (02) 6056 2420 or 1300 88 63 88

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## mentoring program

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## INFORMATION SESSION

- » Would you like to support a woman with a disability in your local community to further develop their leadership skills?
- » Are you interested in sharing your professional and personal skills and experiences, and to grow and develop in the process?
- » Would you like to improve your skills in listening, modelling and leading by mentoring a woman with a disability in your local community?
- » Would you like to share and impart knowledge of your own experience of being a woman with disability?

Women with Disabilities Victoria (WDV) are seeking women who are interested in supporting women with disabilities who wish to step up in their own communities. The mentoring program will complement the Enabling Women program, a successful leadership program for women with disabilities. Mentors will commit to six one-hour sessions. Contact can be a mixture of face-to-face, phone and email. A mentoring handbook is provided. Women of all ages and abilities are welcome to express interest. An information session in Wodonga will provide potential mentors with more information.

### INFORMATION SESSION

**Where:** Council Chambers, Level 2,  
Wodonga Council offices,  
104 Hovell St, Wodonga

**When:** October 5

**Time:** Noon to 1.30 pm  
(Light lunch will be provided)

**RSVP:** *Bridget Jolley*  
*Women with Disabilities Victoria*  
(03) 92 867 813  
bridget.jolley@wdv.org.au  
*Regional Disability Advocacy Service*  
(02) 6056 2420 or 1300 88 63 88

### TOPICS COVERED

- What is mentoring?
- What makes a good mentor/ participant?
- What's in it for me?
- What are the steps involved?
- Dealing with issues and expectations

**Applications to become a mentor close**  
**5pm, Monday, October 16, 2017**