



“ ...lovely and amazing how we all just clicked and got on together’ (Leonie)

“ Graduation was the most amazing, beautiful, day in my life. WOW – no words for it.’ (Trace)

“ I have learnt that when we work together collectively we have the power to change things’ (Jacquie)

“ Before people would talk for me, and it was frustrating. Now I speak. I have a voice!’ (Megan)

Eligibility

If you identify as a woman with disability living in Victoria, we would love to hear from you!

To find out more

Contact the Women’s Empowerment Program Team

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This Program would not be possible without the support of the Portland House Foundation and the Victorian Government.



*Womenwithdisabilities*victoria
empowering women

**Enabling
Women Program
A Community
Leadership Program
For Women With
Disabilities**



The Program

Women with Disabilities Victoria (WDV) is seeking women with disabilities who are passionate about creating positive change in their own lives and community. The aim of the Program is to equip you with knowledge, skills, and tools, so you can speak up, and become a stronger leader within your community.

The Program covers:

- Getting to know yourself better
- Human rights
- Communication
- Advocacy
- The NDIS
- A positive way of looking at disability
- Lots of opportunities to learn from each other
- Sharing experiences as women with disabilities.

At the end of the Program, there will be a graduation ceremony to celebrate the work of the Program participants.

Background

WDV is an organisation of women with disabilities, for women with disabilities. Our mission is to advance real social and economic inclusion for women with disabilities in Victoria. Enabling Women is an initiative of WDV.

The Program runs for 1 day a week, for 6 weeks. A mentoring component may be offered alongside the Leadership Program.

We deliver the Program across Victoria in partnership with local organisations. Partners play a key role in linking WDV into the local community. Local partners also gain a better understanding of the skills and knowledge that women with disabilities bring to the community.



Benefits

- Build your leadership skills
- Increase your understanding of your rights and how to advocate for them
- Expand your community networks
- Build self-confidence and self-esteem
- Improve your understanding of the NDIS
- Connect with other women and share experiences
- Contribute to the community in a meaningful way.

Your commitment

- Participate actively in the Program
- Embrace the diversity that women of all abilities bring to the Program
- Be willing to attend all 6 sessions
- Use skills gained from the Program to speak up for yourself and others
- Identify and work towards a personal leadership goal.