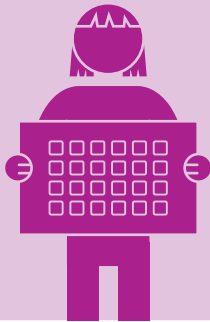


12 Principles of Respectful Communication with Women with Disabilities

Listen to us.

Provide space for our voice.



Speak with us directly.

Not our carers, family, friends or partners on our behalf.



Support our right to accessible communication and information.

This may include large print, interpreters or communication aids.

Speak to us as equals and adults.

Recognise our skills and experiences.



Develop an understanding of how gender and disability inequality combine to create structural barriers for women with disabilities.

Uphold our right to equitable opportunities.

Avoid gender and disability discrimination.



Promote informed decision-making; enable choices by ensuring we have all the information.



Respect our personal space and bodily autonomy.

This means we choose who touches us.

While we are different, we have many more similarities. Do not assume we have nothing in common.



See our abilities.

We are strong and resilient and the experts of our own experience.



We can make our own choices.

We have the right to the same opportunities as everyone else. Do not limit our options by making assumptions of what we can or cannot do.



Be an ally, speak up!

Call it out when you see discrimination or inequity.