

Driver: Condoning of violence against women with disabilities

This includes excusing or justifying perpetrator behaviour, shifting blame to the victim, trivialising and downplaying violence, and using deficit language*.

*Deficit language is when disability is framed as a tragedy, a weakness, or an extreme and unusual way of existing. When used in the context of violence against women, deficit language imposes the idea that women with disabilities are 'better off dead,' or that violence against women with disabilities is inevitable, to be expected, or has a lesser impact.

<p>✗ Victim blaming</p> <hr/> <p>Her disability makes her vulnerable to violence.</p>	<p>✗ Perpetrator excusing</p> <hr/> <p>He was just experiencing carer stress.</p>	<p>✗ Deficit language</p> <hr/> <p>She is severely disabled and has high needs.</p>	<p>✗ Trivialising violence</p> <hr/> <p>It was just a bit of rough handling.</p>
<p>✗ Deficit language</p> <hr/> <p>She has the mentality of a 3-year old.</p>	<p>✗ Trivialising violence</p> <hr/> <p>She doesn't know how good she has it.</p>	<p>✗ Victim blaming</p> <hr/> <p>Her disability causes her to have wild mood swings.</p>	<p>✗ Perpetrator excusing</p> <hr/> <p>He's actually a really devoted carer.</p>
<p>✗ Trivialising violence</p> <hr/> <p>It was for her own good.</p>	<p>✗ Deficit language</p> <hr/> <p>She has a lower quality of life.</p>	<p>✗ Perpetrator excusing</p> <hr/> <p>He was depressed and overwhelmed from having to care for her.</p>	<p>✗ Victim blaming</p> <hr/> <p>She is too demanding about her needs.</p>
<p>✗ Victim blaming</p> <hr/> <p>She is a burden.</p>	<p>✗ Perpetrator excusing</p> <hr/> <p>He's such a great guy for looking after her.</p>	<p>✗ Trivialising violence</p> <hr/> <p>Sometimes you have to use a bit of force on someone like that.</p>	<p>✗ Deficit language</p> <hr/> <p>She is "afflicted with" and "suffering from" her disability.</p>

Men who hold such beliefs are more likely to perpetrate violence against women with disabilities, and both women and men who hold such beliefs are less likely to take action to support victims and hold perpetrators to account.

Take Action: Challenge the condoning of violence against women with disabilities

Use anti-violence messaging:

<p>✓ Reduce victim blaming</p> <hr/> <p>Women with disabilities have a right to safety, respect and equality.</p>	<p>✓ Perpetrator accountability</p> <hr/> <p>Lots of carers experience stress without becoming violent.</p>	<p>✓ There is no justification</p> <hr/> <p>It's not ok, ever.</p>	<p>✓ Name the problem</p> <hr/> <p>This is family violence. This is sexual assault. This is abuse.</p>
<p>✓ Systems of accountability</p> <hr/> <p>This is unlawful.</p>	<p>✓ Challenge minimising</p> <hr/> <p>It's a big deal, and it's wrong.</p>	<p>✓ Reduce victim blaming</p> <hr/> <p>It's not her fault.</p>	<p>✓ Perpetrator accountability</p> <hr/> <p>Violence is a choice. He chose to use power over her.</p>

Frame disability using a strengths-based model:

Use factual language that doesn't reinforce stereotypes, imply weakness, alienate women or suggest disability is a reason for violence.

<p>Women with disabilities aren't "vulnerable to violence."</p> <hr/> <p>Women with disabilities are targeted for violence.</p>	<p>She isn't "bound to a wheelchair." She is enabled by it.</p> <hr/> <p>She uses a wheelchair.</p>	<p>She doesn't "have the mentality of a 3-year old."</p> <hr/> <p>She's an adult woman with an intellectual disability.</p>	<p>She isn't "suffering from" or "struggling with" a disability.</p> <hr/> <p>She has dementia.</p>
<p>She is not "dependent" on her partner. All relationships involve interdependence.</p> <hr/> <p>Her partner provides her with support.</p>	<p>She doesn't need others to do everything for her.</p> <hr/> <p>If she needs help, she'll ask for it.</p>	<p>She doesn't have a "lower quality of life."</p> <hr/> <p>The presence or absence of disability is not what predicts quality of life.</p>	<p>She does not "have difficulty remembering."</p> <hr/> <p>She has a brain injury and understands information best when a written summary is provided.</p>

This resource was inspired by [a speech in 2018 by activist Sue Salthouse](#) on disability and language in the media. Content adapted from *Change the Story: A Shared Framework for the Primary Prevention of Violence against Women and their Children in Australia*, Our Watch (2015).