

Women's Health Services Disability Audit Tool

Premises

Hygiene Facilities



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Introduction

Women with Disabilities Victoria (WDV) is the peak body of women with disabilities in Victoria.

Women with Disabilities Victoria:

- Provides systemic support, advocacy and resources to women with disabilities in leadership roles.
- Works with community services and organisations to ensure they are inclusive of women with disabilities.
- Ensures services for people with disabilities consider a gender perspective that is responsive to women with disabilities.
- Works in partnership with other disability and women's organisations.
- Encourages and undertakes research on issues affecting women with disabilities.
- Provides a voice for women with disabilities to influence government policy and legislation.

Our Vision, Mission and Values

We are an organisation of women with disabilities in Victoria with a diverse and growing membership. Our members have a range of disabilities, backgrounds, lifestyles and ages.

Our Vision

A world where all women are respected and can fully experience life.

Our Mission

To advance real social and economic inclusion for women with disabilities in Victoria, we will:

- Be a voice for women with disabilities.
- Create opportunities for women with disabilities to be visible and to be heard in their communities.
- Build partnerships to deliver the best results for women with disabilities.
- Engage the community to challenge attitudes and myths about women with disabilities.

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Women with Disabilities Victoria's Prevention of Violence Capacity Building Project

Context

Women's Health Services (WHS) are required to develop the capacity of local and regional partners (for regional WHS), and relevant state wide and other relevant sector partners (for state wide WHS), to further strengthen their current work in preventing family violence and all forms of violence against women.

The Victorian strategy on violence prevention, 'Free from Violence' (2017) notes that while violence against women and family violence have their origins in gender inequality and discrimination, "inequalities resulting in racism, ageism, ableism and heterosexism can also, on their own or in combination, influence patterns of violence perpetrated in society" (State of Victoria 2017). Women with Disabilities Victoria (WDV) observes that geography can further exacerbate these patterns, due to differential availability of infrastructure and social isolation.

WDV is undertaking a project to increase the capacity of women's health services (WHS) to include the rights, perspectives and participation of women with disabilities in to their current and future prevention of violence against women (PVAW) activities. The project responds to three key issues in relation to PVAW and women with disabilities:

1. Intersecting factors of gender and disability inequality are key drivers for women with disabilities who experience violence at a higher rate than women without disabilities.
2. Regional primary prevention of violence against women strategies and plans can be strengthened to address both the gender and disability drivers of violence and avoid marginalising women with disabilities.
3. Women with disabilities and disability organisations can be engaged in regional primary prevention planning efforts, increasing the effectiveness and reach of strategies.

The project undertakes capacity-building work with identified WHS and their local government partners. WDV in partnership with WHS project participants supports shared learning across the remaining women's health services through communities of practice (CoP) and networks, resources and other activities, including the piloting of tools and resources for subsequent sharing with

Victoria's women's health sector and their local and regional organisational partners.

Key Facts About Disability and Gender

Who Are Women with Disabilities?

Nearly one in every five Victorian women has a disability. We are every woman. We are doctors, lawyers, health and community service workers, playwrights and teachers.

We are mothers and carers, actively sexual and celibate, lesbian, bisexual, transgender and heterosexual. We live on farms, in regional communities, in urban high rise and in the suburbs. We follow football and dance, go to TAFE and university. We value public transport and accessible buildings.

We are religious, from many faiths and non-religious, from many perspectives. We are diverse in our ideologies, but passionate about our right to be recognised as ordinary women... with a disability.

What Barriers Do We Face?

We encounter discrimination on many levels, each of which restricts our opportunities for equal participation in economic, social, educational and political life.

Some women with disabilities experience multiple layers of discrimination based on their race, age, gender and sexual orientation, as well as their disability. We are often ignored in government legislation, policies and programs and our needs are not adequately recognised within community organisations and services.

We have traditionally been excluded from the mainstream women's social movement, whilst issues of concern to women with disabilities have not been addressed by the broader disability advocacy movement.

On all measures of social and economic participation (housing security, income, employment and education), women with disabilities are disadvantaged compared to women and men without disabilities. We also experience higher levels of disadvantage than men with disabilities when it comes to employment and income levels. As women with disabilities, we lack access to adequate health care and other services for ourselves and our children, particularly when health centres fail to provide a welcoming, inclusive environment with accessible parking, accessible toilets and accessible examination tables.

Women with disabilities are targeted by people who use violence, including by intimate partners. We are also less likely to know about or have access to services responding to violence against women.

Key Facts About Disability and Violence Against Women

- Gender-based and disability-based discrimination doubles the risk of violence for women and girls with disabilities as compared to women without disabilities.
- Women with disabilities experience all types of violence at higher rates, with increased severity and for longer than other women.
- Men who use violence often target women who they see as less powerful, such as women with barriers to communicate to others what has happened to them and those restricted in their physical movement.
- Over one-third of women with disabilities experience some form of intimate partner violence.
- Many women experience social isolation as both a risk factor for, and a consequence of, violence. Some perpetrators use social isolation as a form of controlling behaviour in itself.
- Isolation can be compounded for women living rurally or remotely, women who are culturally isolated and for older women.
- Women with Disabilities Victoria's research and contribution to the recent Royal Commission into Family Violence ensured the voices and experiences of women with disabilities were heard. Women with Disabilities Victoria continues to work with community organisations and all levels of government to ensure the recommendations of the Royal Commission are implemented.

The Women's Health Services Disability Audit Tool

The Women's Health Services Disability Audit Tool presented below is part of a suite of resources produced by Women with Disabilities Victoria to support women's health services to build their capacity to include the rights and perspectives of women with disabilities in to PVAW initiatives. In tandem with accompanying disability and Prevention of Violence Against Women (PVAW) needs analysis tools, it has been designed for use by staff of women's health services engaged in the design, implementation and review of programs to prevent violence against women initiated by their organisations or region. It has been piloted by Women's Health East and Women's Health Loddon Mallee through their participation in the Violence Prevention Capacity Building Project in partnership with WDV, funded by the Victorian Government's Office for Women, for whose assistance WDV is very grateful.

Guiding Principles

The Women's Health Services Disability and PVAW Capacity Building project is grounded in a gender transformative approach to change gender norms, structures and practices for a more equal society (Our Watch 2015; Keel et al 2016). It takes an intersectional approach to address the drivers of violence against women and the multiple systems and structures of oppression and discrimination which affect women with disabilities by upholding a human rights approach to disability, as required by the Commonwealth Disability Discrimination Act 1992 and the United Nations Convention on the Rights of people with Disabilities 2006.

The Women's Health Services Disability and Prevention of Violence Against Women project frames its activities within essential actions to prevent violence against women, as advocated by Our Watch (2015). In undertaking the disability audit below, women's health services can shift their communications, processes, operations and physical infrastructure in ways which will:

Challenge condoning of violence against women.

Promote women's independence and decision-making in public life and relationships.

Foster positive personal identities and challenge gender stereotypes and roles.

Strengthen positive, equal and respectful relations between and among women and men, girls and boys.

Promote and normalise gender equality in public and private life (Our Watch 2015).

In 2017, WDV produced the Inclusive Planning Guidelines for Prevention of Violence Against Women. These guidelines specify a series of actions conducive to inclusive PVAW activities and processes by women's health services. The auditing toolkit addresses the first guideline, Organisational Readiness through Planning and Development (Women with Disabilities Victoria 2017).

Organisational readiness requires focus and reflection on internal processes, systems, culture and work plans. It involves critical examination of the internal environment and external messaging, as well as recognition of the long-term nature of change to transform social structures, organisational culture and processes and physical infrastructure. Similar to gender equality, disability inclusion within organisations will only be achieved by deliberate actions to implement long-term change. It is suggested that the auditing tools and needs analysis tools inform an ongoing process of disability inclusion, using the following strategies:

- Enlisting the support of senior leaders.
- Researching current inclusion activities, systems and resources.
- Developing a vision of what your inclusive organisation and PVAW activities will look like.
- Accessing resources, information and support.
- Communicating throughout your organisation about disability inclusion.
- Building knowledge of disability, barriers to inclusion and prevention of violence against women with disabilities within your organisation.
- Determining priorities for action and incrementally removing barriers to inclusion.
- Improving policies and procedures to reflect disability inclusion.
- Making small changes which will achieve large impact.
- Maintaining momentum and reinforcing the message.
- Role modelling inclusion.
- Building disability inclusion in to expectations of organisational performance.
- Promoting inclusion through internal events and activities.
- Evaluating progress to guide future action (adapted from VicHealth 2018).

The auditing toolkit has been designed to enable reflection on women's health services capacity to create an environment in which disability inclusive PVAW initiatives can occur, as well as identifying existing barriers to inclusion and planning for their removal. In tandem with the needs analysis tools, the auditing tools can assist women's health services to research existing inclusion activities

and systems, guide policy development, future planning and evaluation. In undertaking the audit, women's health services can not only increase the inclusivity of their own organisational practices but also role model inclusion for regional partners with whom they work.

Audit Scope

The auditing tool includes material covering an organisation's interactions with staff, partners and the community through events, communications and its role as employer and agent of change, and on the accessibility of an organisation's physical infrastructure and event spaces. The audit structure reflects a staged approach to the transformation necessary for the creation of truly inclusive cultures, practices and environments, with shifts in organisational operations and communications requiring less financial outlay than changes to physical infrastructure, and thus likely to receive greater organisational support in the short to medium term. Furthermore, the suggestions and resources offered throughout the text invite the examination by women's health services staff of aspects of inclusion through a gender lens, assisting organisations to determine priorities for change and implement short-term changes while devising strategies for longer-term transformation.

The auditing tools present a series of questions on themes of physical access, events, communications, personnel practices and attitudes towards disability. The responses of users of these tools can be used to assess each women's health services' current disability inclusion capacity, strengths and needs, and guide the design of requests for tailored technical assistance and resource provision from WDV if requested in the future.

Disability inclusion is multi-faceted, covering a wide scope of physical infrastructure, organisational processes and systems. It is suggested that rather than tackling the audit in its entirety, women's health services review the topics covered in the auditing tool, and identify areas which they wish to address as part of a staged process of accessibility review, planning and change. This will ensure manageable and realistic action over time. The tool's checklist format allows for multiple forms of utilisation by WHS and other organisations. The audit can be undertaken as an individual written exercise, or via a workshop format. Questions within the toolkit can also be used as guides to organisational discussion, planning and evaluation of disability inclusion.

By responding to the questions within the toolkit, WHS staff can generate an overview of the current state of inclusiveness of their organisation or events in a range of criteria, including physical access and inclusive attitudes and practices. The tool can be used to produce base-line data and to monitor and plan

progress towards inclusivity over time, in recognition of the long term nature of much disability inclusion and PVAW work.

The auditing toolkit has been produced in both printable pdf and in accessible MS Word format, the latter to enable its completion electronically by all users, thus modelling an example of accessible document creation.

Data Collection and Presentation

Users of the auditing tool are able to generate their own snapshot report using the template provided in each section of the toolkit, and determine and plan to fill gaps in current organisational systems, processes and infrastructure according to their organisational and regional strategic priorities and resources.

Audit Instructions

The auditing toolkit comprises a series of self-contained topic areas, in which questions on various aspects of accessibility for people with disabilities are posed, alongside suggestions and resources to improve accessibility in the area under discussion. These topic areas are listed in separate resources for convenience. The resources have been derived from freely available online Australian government and non-government sources, with information from commercial publications only being cited if deemed to contain material applicable to the Women's Health Services context. All links were operable at the time of this toolkit's compilation.

Answers to each question can be entered in to the first column below each question, with N/A entered if the question does not apply to your organisation. If applicable, in the second column, please enter a response indicating a timeframe for the issue's resolution.

The reflective questions in each topic area are designed to encourage thinking about your organisation's current level of accessibility. They do not need to be answered within the tool. Rather, responses to the questions in the checklist will allow an assessment of the organisation's actual accessibility compared to respondents' initial reflections.

Respondents are also invited to develop a summary of findings derived from the completed topic areas, and complete the sections asking about the current situation and future planning to enhance disability inclusion.

Prevention of Violence Against Women Disability Audit

Premises

This tool can be used to audit the premises from which your organisation works, or facilities where events and other community engagement initiatives are convened. Physical access to premises can be technically specialised. Therefore, the below auditing tool reviews basic accessibility, with additional resources provided for more technical information and requirements pertaining to access standards at the end of this tool. Organisations may wish to invest in the services of an access consultant who can provide advice regarding current accessibility and planning for improvement to premises. The accessibility consultant industry attracts both men and women, the latter often entering the industry through previous experience in occupational therapy or other allied health professions. You can find out more about access consultants at <https://www.access.asn.au/>.

Hygiene Facilities

Questions

The questions below relate to the accessibility of facilities for personal hygiene within a building or event space. Your organisation can send a strong message regarding accessibility and inclusion if accessible hygiene facilities are available, and can be accessed with convenience and dignity by staff, volunteers and visitors with disabilities. The availability of accessible, safe, women-only hygiene facilities is optimal to inclusive event planning.

Reflective questions:

How accessible do you believe your building's hygiene facilities are for people with disabilities?

Ambulant Facilities

Question 1:

How are ambulant bathrooms indicated?

Notes:

This refers to signage used to indicate the presence of bathrooms. See references at the end of this tool for material regarding signage.

Response:

Timeframe for Resolution:

Question 2:

Dimensions of airlock space? (in metres)

Notes:

This is recommended to measure at least MM900 x MM900. This allows for space for users with ambulant disabilities to navigate:

<https://www.disabilityaccessconsultants.com.au/need-ambulance-toilet-ambient-toilet-actually-ambulant-toilet/>.

Response:

Timeframe for Resolution:

Question 3:

How is bathroom occupation indicated?

Notes:

Signage or other methods of indicating whether cubicles are occupied contribute to the dignity of users of hygiene facilities in your building.

Response:

Timeframe for Resolution:

Question 4:

Can bathrooms be externally accessed in an emergency?

Notes:

This is helpful if needing to assist users to evacuate in an emergency, or to respond to users needing emergency assistance.

Response:

Timeframe for Resolution:

Question 5:

Are floors distinguishable by colour contrast from walls?

Notes:

This relates to colour contrast which allows for people with vision impairment to orient themselves to the environment within the bathroom area. See other tools in this toolkit regarding colour contrast and accessibility.

Response:

Timeframe for Resolution:

Question 6:

Are fittings distinguishable from the background by colour?

Notes:

Best accessibility is achieved when colour contrast is used so that bathroom fittings are easily distinguishable for people with vision impairments. See references within this toolkit concerning colour contrast.

Response:

Timeframe for Resolution:

Question 7:

How are doors opened/closed/locked?

Notes:

Locks and handles with adequate leverage ensure they can be manipulated by people with varying degrees of dexterity, and ensure privacy on an equal level as that enjoyed by women without disabilities, countering assumptions that breaching the boundaries of women with disabilities is acceptable.

Response:

Timeframe for Resolution:

Question 8:

Height of lavatory paper dispenser? (in centimetres)

Notes:

This needs to be easily reachable from a sitting position.

Response:

Timeframe for Resolution:

Question 9:

How far is the paper dispenser from the lavatory pan? (in centimetres)

Notes:

This needs to be in easy reach from a sitting position.

Response:

Timeframe for Resolution:

Question 10:

Location of flushing mechanism?

Notes:

It is suggested that this be located at a height easily reached when sitting or standing

Response:

Timeframe for Resolution:

Question 11:

Location of hand basin, dispensers, soap, dryers etc.?

Notes:

It is useful for these amenities to be easily located within the space outside the cubicles.

Response:

Timeframe for Resolution:

Accessible Facilities

Question 12:

Number of accessible bathrooms?

Notes:

It is suggested that at least one accessible bathroom needs to be available, according to <https://www.legislation.gov.au/Details/F2010L00668>.

Response:

Timeframe for Resolution:

Question 13:

How are accessible bathrooms indicated?

Notes:

See references relating to signage. Clear signage assists users to locate the accessible facilities quickly and conveniently. It is important that your organisation's staff are knowledgeable about the location of accessible bathrooms, especially when hosting events.

Response:

Timeframe for Resolution:

Question 14:

Where are accessible bathrooms located?

Notes:

These need to be in the same location as the standard hygiene facilities in the building: <https://www.legislation.gov.au/Details/F2011C00214>.

Response:

Timeframe for Resolution:

Question 15:

Is the pathway leading to the accessible hygiene facilities clear of obstacles?

Notes:

The accessible sanitary facilities will be effectively accessed if pathways leading to them are kept clear.

Response:

Timeframe for Resolution:

Question 16:

What is the distance of the basin and paper dispenser from the lavatory pan?

Notes:

These need to be located in easy reach for someone in a sitting position, and located in the same space as the toilet pan. Further details concerning accessible bathrooms can be found at <https://sport.vic.gov.au/publications-and-resources/design-everyone-guide/index-elements/toilets-and-change-rooms>.

Response:

Timeframe for Resolution:

Question 17:

Where is the emergency call system?

Notes:

This needs to be in easy reach for someone in a sitting position.

Response:

Timeframe for Resolution:

Question 18:

Who responds when the system is activated?

Notes:

The system needs to connect to a designated staff member in the building.

Response:

Timeframe for Resolution:

Question 19:

Dimensions of accessible cubicle? (in metres)

Notes:

The cubicle needs to allow space for the circulation and turning of a person using a wheelchair, and a carer.

Response:

Timeframe for Resolution:

Question 20:

Location of grab rails?

Notes:

These need to be located in easy reach of someone in a sitting position. Further guidance concerning grab rails and accessible hygiene facilities in general can be found at https://equalopportunity.tas.gov.au/resources/information_on_improving_building_access_for_all/5_toilet_facilities.

Response:

Timeframe for Resolution:

Question 21:

Is the manoeuvring area free of obstructions, e.g. boxed-in pipework/radiators/cleaner's equipment/disposal bins/ occasional storage, etc., and are any access limitations caused by the activity of service contractors?

Notes:

Storing items in the accessible washroom limits movement and circulation of anyone using the facility and conveys a message that accessibility holds a low priority. Further insights can be found at https://equalopportunity.tas.gov.au/resources/information_on_improving_building_access_for_all/5_toilet_facilities.

Response:

Timeframe for Resolution:

Question 22:

Location of infant/adult changing facilities?

Notes:

These need to be located within the cubicle with the toilet pan and washing facilities. Infant changing facilities are commonly seen within the accessible washroom, and a campaign is building to lobby for more adult changing facilities. Visit <https://changingplaces.org.au/> for more details. These facilities may not be immediately possible to install in existing building infrastructure but may factor in to future planning for renovations.

Response:

Timeframe for Resolution:

Technical advice can be found at https://equalopportunity.tas.gov.au/resources/information_on_improving_building_access_for_all/5_toilet_facilities or in the Disability (Access to Premises - Buildings) Standards 2010. Accessibility is achieved when people with disabilities can autonomously access and use hygiene facilities safely and conveniently. This is particularly important for women with disabilities who may limit their community involvements on the basis of the availability of safe and accessible hygiene facilities.

Summary

The questions above relate to the accessibility of facilities for personal hygiene within a building or event space. Your organisation can send a strong message regarding accessibility and inclusion if accessible hygiene facilities are available, and can be accessed with convenience and dignity by staff, volunteers and visitors with disabilities. The availability of accessible, safe, women-only hygiene facilities is optimal to inclusive event planning.

Audit Response Summary

Future Actions

Recommendations

Short Term:

Medium Term:

Long Term:

Key Learning

For (name organisation):

For other partner organisations (if relevant):

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