

## Enabling Women Leadership Program Colac Participants Application Form

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To do the Enabling Women Leadership Program you will need to fill out this **Application Form**.

You can fill out the information on your computer, phone or tablet.

If you are using a computer to fill out this form, select the boxes by clicking the mouse or by using the spacebar.

Or you can print out the form and write your answers in by hand and send it to us.

Or ask Brigitte at WDV for help.

**Call** Brigitte on (03) 9286 7805 or **email**  
[brigitte.stone@wdv.org.au](mailto:brigitte.stone@wdv.org.au)

Women with Disabilities Victoria is an organisation that focuses on the needs of women and gender diverse people with disability.



## **The Enabling Women Leadership Program is for:**

women and gender diverse people with disability.

Disability can be:

- physical, sensory, intellectual and cognitive, etc.
- Deaf / deaf / hard of hearing,
- Chronic illness, and/or pain,
- Neurodiversity, e.g. autistic; or
- Mental health challenges

Who live, work, study or play in the **Colac Otway Region**.

## **Your Details**

*Fill out your answers below.*

**First Name:**

**Family Name:**

## **Pronouns:**

*For example: if someone is talking about you, would you like them to say "**she** is or **they** are doing the Program"?*

- She/Her             They/them
- He/Him             Ze/Hir
- Choose not to say

## **Do you identify as Aboriginal or Torres Strait Islander?**

- Yes – Torres Strait Islander
- Yes – Aboriginal
- Both
- No                     Prefer not to say

## **Postal Address:**

## **Suburb:**

## **Postcode:**

## **Email Address:**

## **Phone Number:**

Questions about you

Put your answer in the column next to the question.

Question	Your Answer
<p><b>1. What do you do for fun?</b></p> <p><i>Examples: playing music, sport or watching TV</i></p>	
<p><b>2. Why do you want to do the Enabling Women Program?</b></p> <p><i>Examples: to be more empowered or to meet new people</i></p>	
<p><b>3. a. Has anything stopped you from joining in the activities you want?</b></p> <p><i>Example: feeling like you are not welcome</i></p>	<p><input type="checkbox"/> Yes</p> <p><input type="checkbox"/> No</p>

Question	Your Answer
<p><b>b. If you answered yes, do you think this was worse because of your disability?</b></p>	<p><input type="checkbox"/> Yes</p> <p><input type="checkbox"/> No</p>
<p><b>c. Did you get past the problem?</b></p>	<p><input type="checkbox"/> Yes</p> <p><input type="checkbox"/> No</p>
<p><b>d. If yes, what did you do?</b></p> <p><i>Example: Telling someone no.</i></p>	
<p><b>4. What links do you have with Colac?</b></p> <p><i>Examples: you live, work, study or have friends here.</i></p>	
<p><b>4. a. Are you a member of any groups?</b></p> <p><i>Example: Self-Advocacy Group</i></p>	

Question	Your Answer
<p><b>b. What did you do as a member of these groups?</b></p> <p><i>Example: Writing letters to the local council or art projects</i></p>	
<p><b>6. How did you hear about the Enabling Women Program?</b></p> <p><i>Example: Social Media or the WDV Newsletter</i></p>	

**To participate in the Program online:**

Requirement	Please tick
<p><b>Do you have a computer with the internet at home?</b></p>	<p><input type="checkbox"/> Yes</p> <p><input type="checkbox"/> No</p>
<p><b>Does the internet work well?</b></p>	<p><input type="checkbox"/> Yes</p> <p><input type="checkbox"/> No</p> <p><input type="checkbox"/> Sometimes</p>

Requirement	Please tick
<b>If you do not have a computer with the internet, would you like to borrow one?</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>Does your computer have:</b>	<input type="checkbox"/> Microphone <input type="checkbox"/> Headphones <input type="checkbox"/> Speaker <input type="checkbox"/> Webcam
<b>Have you done an online video meeting before?</b>	<input type="checkbox"/> Yes - Zoom <input type="checkbox"/> Yes - Teams <input type="checkbox"/> Other -please tell us what: <input type="checkbox"/> No
<b>If no, would you like help to use Zoom?</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>At times we may talk about hard topics.</b> <b>a. Do you feel comfortable doing the Program from your home?</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No

Requirement	Please tick
<b>b. Do you have a place at home to be alone to do the Program?</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No

**Are there any access needs you have to support you to do the Program from home?**

Requirement	Please tick
<b>Attendant care</b>	<input type="checkbox"/>
<b>Note-taker</b> <i>Someone to help write down your thoughts and information you may want to remember from the Program.</i>	<input type="checkbox"/>
<b>Interpreter</b>	<input type="checkbox"/>
<b>Information in alternative formats</b> <b>Which formats:</b> <i>Example: Easy Read</i>	<input type="checkbox"/>



Requirement	Please tick
<p><b>Dietary requirements (if we can meet safely in person)</b></p> <p><i>Example: Gluten Free, Vegan, Soft Food or Halal</i></p>	<input type="checkbox"/>
<p><b>Transport (if we can meet safely in person)</b></p>	<input type="checkbox"/>
<p><b>Other:</b></p>	<input type="checkbox"/>

**Keeping everyone safe and healthy is very important to us. To do this with Covid-19 we must follow rules from the Government.**

**During the Enabling Women Program you may be asked to do some of the things listed below.**

Some people with disability have conditions that mean they cannot do all these things and that's ok. This is called an **exemption** and you can tick the exemption box if you need.

The answers to these next questions are to help us keep you and everybody else safe. We will not use them to decide if you will be able to be a part of the Program.

Requirement	Please tick
<b>Wear a mask</b>	<input type="checkbox"/> Yes <input type="checkbox"/> Yes -with support <input type="checkbox"/> No – I have an exemption
<b>Register in person via QR code</b>	<input type="checkbox"/> Yes <input type="checkbox"/> Yes -with support <input type="checkbox"/> No – I do not have a mobile phone
<b>Use hand sanitiser</b>	<input type="checkbox"/> Yes <input type="checkbox"/> Yes -with support <input type="checkbox"/> No – I have an exemption
<b>Sanitise working space and tools</b>	<input type="checkbox"/> Yes <input type="checkbox"/> Yes -with support <input type="checkbox"/> No – I have an exemption
<b>Socially distance</b>	<input type="checkbox"/> Yes <input type="checkbox"/> Yes -with support <input type="checkbox"/> No – I have an exemption
<b>Follow additional Covid safe guidelines as they arise</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No

## Dates

The Program, including the Graduation, will take place over 9 weeks.

Each session will run from 10am – 2pm. **With lots of breaks and time for lunch.**

Covid-19 has made things very hard to plan things too far into the future so we are asking you to let us know what days you might have free.

We know plans may change and that is ok.

Looking at your calendar right now, what days do you have free to do the Program?

<b>Dates</b>	<b>Please tick if you are available</b>
<b>Thursday September 23</b>	<input type="checkbox"/>
<b>Thursday September 30</b>	<input type="checkbox"/>
<b>Thursday October 7</b>	<input type="checkbox"/>
<b>Thursday October 14</b>	<input type="checkbox"/>

<b>Dates</b>	<b>Please tick if you are available</b>
<b>Thursday October 21</b>	<input type="checkbox"/>
<b>Thursday October 28</b>	<input type="checkbox"/>
<b>Thursday November 04</b>	<input type="checkbox"/>
<b>Thursday November 11</b>	<input type="checkbox"/>
<b>Thursday November 18</b>	<input type="checkbox"/>
<b>Thursday November 25</b>	<input type="checkbox"/>
<b>Thursday December 02</b>	<input type="checkbox"/>



We hope to make the Program a culturally safe and supportive space for participants with diverse backgrounds. Including people from LGBTQIA+, CALD, and Aboriginal/Torres Strait Islander communities.

We know that some women and gender diverse people with disabilities will experience violence through their life and we want to make sure they feel safe and supported in the Program.

We do this by;

- being aware of what some participant's may have been through.
- Creating a warm and comfortable place for everybody.
- being kind and thoughtful.
- Making things called Access Keys that give you lots of information about the Program and
- making Content Warnings that will let you know if we are going to talk about hard things like violence.

For more information on how we can support your participation please let us know.

*Funded by the Australian Government Department of Social Services*

