

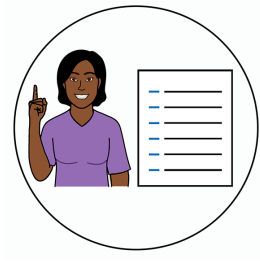
Healthcare rights for women with disabilities

Women with Disabilities Victoria



Easy English

Hard words



This book has some hard words.

The first time we write a hard word

- the word is in **blue**
- we write what the hard word means.

You can get help with this book



You can get someone to help you

- read this book
- know what this book is about



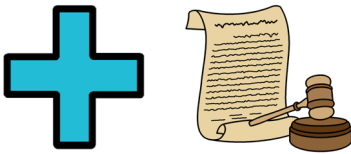
- find more information.

We will write our contact information at the end of this book.

About this book



This book is from Women with Disabilities Victoria.



This book is about the roles **healthcare staff** have in making sure women with disabilities have their **healthcare rights** met.



Healthcare staff includes

- doctors and nurses



- allied health professionals
 - for example, physiotherapists and speech pathologists



- administration and reception workers.

Your rights

Everyone has healthcare rights.



Rights are things everyone should

- get

- have

- do.



All women with disabilities have the right to

- get accessible healthcare services



- get healthcare services that include them



- be treated with respect.

What healthcare staff should do



All healthcare staff should

- respect you



- make sure healthcare services are accessible



- make sure healthcare services are inclusive and safe for you



- talk about how important the rights of women with disabilities are whenever they can.

Work together



Healthcare staff **must** understand that you know a lot about your body and health.

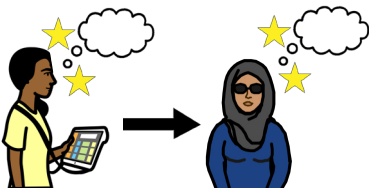
When healthcare staff have a woman with disabilities as a client they should



- work with you
- keep checking that their services are right for you



- respect your healthcare goals



- understand that your healthcare goals might be different to other people's goals



- make sure they do **not** make you have healthcare goals you do **not** want.



Healthcare staff should make sure they support women with disabilities by

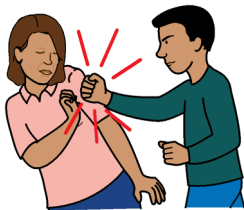
- helping you have the same healthcare workers look after you



- being prepared before they see you



- **not** making you repeat stories or information that might involve **trauma**.



Trauma is when something bad happens to you. For example, domestic violence.

Listen



Healthcare staff **must** listen to you to understand

- how different things impact your health



- how different things impact your healthcare goals.



For healthcare staff to listen to you properly they should give you

- a safe space to talk in

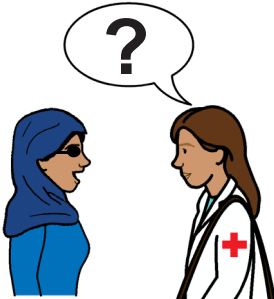


- enough time to talk about your health and healthcare needs.



Healthcare staff should

- **not** make guesses about your disability or gender



- ask questions in a way that lets you answer how you want



- ask about how to support your disability in positive ways that can help you share information

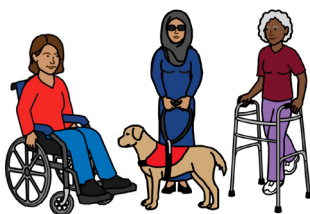


- use body language to show that they are listening to you.



Healthcare staff should support

- your healthcare goals



- who you are

- your disability.

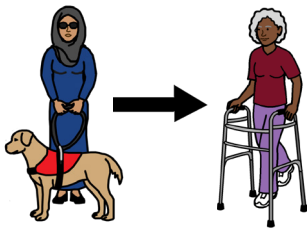
Focus on you



Healthcare staff **must** focus on you by asking about all of your health information and healthcare goals.

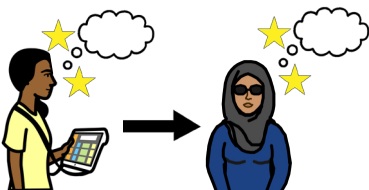


You do **not** need to talk about your disability if it is not linked to your health information or healthcare goals.



Healthcare staff need to understand that

- the healthcare you need might be different to other people



- your healthcare goals might be different to other people's goals



- your healthcare goals do **not** have to be linked to your disability.

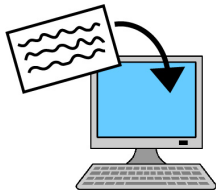
More information



For more information contact
Women with Disabilities Victoria.



Website www.wdv.org.au



Email wdv@wdv.org.au



Scan this QR code

You can learn more at: www.wdv.org.au

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This resource was prepared by Women with Disabilities Victoria.

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