

# We are Experts in Our Health



## Listen to women with disabilities

Take the time to ask women about their health. Ask us how to make life more accessible for us.

## Women with disabilities are individuals

Consider the many factors that impact the health of women with disabilities.



## Accessibility is everyone's business

Work to remove physical, communication and attitudinal barriers.



## Create partnerships with women with disabilities

Allow women with disabilities to make decisions in collaboration with their health team.

## Value the voices of women with disabilities

Ensure that women with disabilities have input at all levels across the organisation.

For more information visit <https://www.wdv.org.au/>



*Womenwithdisabilitiesvictoria*  
empowering women